insideONE Gestures and Key Commands Summary

Using The Button--This is the round, concave indentation located near the top left corner of the insideONE's screen.

Gesture

Command

Explanation

Swipe right with one finger, Alt+Tab

Moves forward among any open applications
Swipe left with one finger, Alt+Shift+Tab

Moves backward among any open applications

Double-tap
Toggles between the Windows desktop and your last used app

Press and hold one finger for five seconds
Toggles the visual display on or off

Braille Key Commands

InsideONE utilizes both an embedded braille keyboard and a virtual QWERTY keyboard. Only one keyboard can be active at a time. Before using the Braille keyboard, you must turn it on by pressing and holding dots 1+2+3+4+5+6. The Braille keyboard must be activated in this way each time the insideONE is turned on.

There are two ways to construct a command. One way is to use a modifier key (such as Control, Alt, or Insert) in conjunction with other keys. The other method uses a one keystroke approach. For example, to create Alt F4, press and release dots 1+0 simultaneously (which simulates Alt), then press dots 1+4+5+9 (which simulates F4). Alternatively, press dots 1+2+3+4+5+9+0 (the letter Q with dots 9 and 0). Both these commands produce Alt F4. Similarly, create the Copy command by pressing the keystroke simulating Control (dots 1+4+0), then press and release dots 1+4 (the letter C for Copy).

The below commands are the insideONE equivalent keystrokes for regularly-used Windows commands. Remember, dot 9 (nine) is the same as the left Space, and dot 0 (zero) is the same as the right Space.

Command

Dot Configuration

Space
0 or 9

Enter
8 or 9+0

Backspace
7

Alt
1+0 (A+0)

Control
1+4+0 (C+0)

Insert
2+4+9+0 (I+9+0)

Shift
2+3+4+0 (s+0)

Windows
2+4+5+6+0 (w+0)

Escape
1+5+0 (e+0)

Tab
2+3+4+5+0 (t+0)

Shift+Tab
2+3+4+5+9 (t+9)

Caps lock toggle
7+9

Activate Windows Start Menu

3+5+6+8+0

Open or Close Ribbon or Menu Bar

2+0

Toggle between insertion and overtype mode

3+5+9+0

Alt F4 (Closes an application)
1+2+3+4+5+9+0 (q+9+0)

Control (temporarily silence screen reader's speech)
2+5+0

NVDA Menu

1+3+4+5+9 (n+9)

JAWS Menu

2+4+5+9+0 (j+9+0)

Print Screen
1+2+3+4+9+0 (p+9+0)

Right click (context menu)
1+3+4+0 (m+0)

Toggle Insert

3+5+9+0

Delete
1+4+5+9+0 (d+9+0)
Home
1+2+3+9+0

End
4+5+6+9+0
Page Up
1+3+9+0
Page Down (next page)
4+6+9+0

Up Arrow (moves up one line)
1+9+0
Down Arrow (moves down one line)
4+9+0
Left Arrow (moves left one character)
3+9+0
Right Arrow (moves right one character)
6+9+0
Control Left Arrow (moves left one word)
2+9+0
Control Right Arrow (moves right one word)
5+9+0

Control+home (Beginning of file)
1+2+3+7+9+0
Control+end (End of file)
4+5+6+8+9+0

Volume Up
1+2+3+6+0 (v+0)
Volume Down
1+2+3+6+9 (v+9)
Mute Volume
1+2+3+6+8+0 (v+8+0)

Number lock toggle
8+9
Open Windows Action Center

2+5+9+0

Windows+e (Opens File Explorer)

1+5+9+0 (e+9+0)

Windows+m (Windows desktop)

1+3+4+9+0 (m+9+0)

Windows+r (Opens run command)

1+2+3+5+9+0 (r+9+0)

Open emojis tool bar

2+3+9+0

Windows++ (Enlarges Windows zoom)

1+3+5+6+0 (z+0)

Open a list of running applications

1+2+3+4+5+6+9+0

Select All

1+7+9+0

Control+c (copy)
1+4+9+0 (c+9+0)
Control+v (paste)
1+2+3+6+9+0 (v+9+0)
Control+x (cut)

1+3+4+6+9+0 (x+9+0)
Control+f (find)
1+2+4+9+0 (f+9+0)
Control+s (save)
2+3+4+9+0 (s+9+0)
Control+n (new document or email message)
1+3+4+5+9+0 (n+9+0)

Control+o (Open)

1+3+5+9+0 (o+9+0)

Control+z (Undo last action)

1+3+5+6+9+0 (z+9+0)
Control+y (Redo last action)

1+3+4+5+6+9+0 (y+9+0)

Control+h (Replace)

1+2+5+9+0 (h+9+0)

Function Key Commands

F1
1+9 (a+9)
F2
1+2+9 (b+9)
F3
1+4+9 (c+9)
F4
1+4+5+9 (d+9)
F5
1+5+9 (e+9)
F6
1+2+4+9 (f+9)
F7
1+2+4+5+9 (g+9)
F8
1+2+5+9 (h+9)
F9
2+4+9 (i+9)
F10
2+4+5+9 (j+9)
F11
1+3+9 (k+9)
F12
1+2+3+9 (l+9)

Miscellaneous Commands

Battery status

1+2+0 (b+0)

Media previous track

2+4+6+0

Media next track

1+3+5+0

Media play/pause

1+5+6+0

Beginning of selection (Starts text selection. Only with NVDA)

1+2+4+5+9+0

End of selection (Ends text selection. Only with NVDA)

2+3+5+6+9+0

Ins+F7 (List of links in compatible document. Only with JAWS)

1+2+4+5+9+0 (F7+0)

Reset pending modifiers

1+2+3+5+7+8+9+0 (r+7890)

Date and time (Once announces hour, twice quickly announces date)

1+2+5+0 (h+0)

Screen curtain toggle (only with NVDA)

1+2+3+4+5+6+9

Text-to-speech toggle

2+3+4+9 (s+9)

Title Bar (Announces the title of the open window)

2+3+4+5+9+0 (t+9+0)

Input help toggle (Turns on/off keyboard input help)

2+3+6+0

Line break (Shift + Enter)

1+2+9+0 (b+9+0)

Using The Right Slider -- This is the long, vertical indentation on the right side of the top face of the insideONE.

swipe up with one finger
up arrow
swipe down with one finger
down arrow
swipe left with one finger
left arrow
swipe right with one finger
right arrow

hold one finger for five seconds
enables/disables text-to-speech
double tap with one finger
Enter
Swipe right with two fingers (put one finger directly above the other in the slider)
Tab
swipe left with two fingers (put one finger directly above the other in the slider)
Shift + tab

Using The Bottom Slider -- this is the long, horizontal indentation directly above the braille display.

Swipe right with one finger
pans the display forward
swipe left with one finger
pans the display backward

one-finger double-tap
activates the item under the cursor or moves the cursor to the currently selected position if in an edit field
Two-finger single-tap
temporarily pauses speech
Two-finger double-tap
Activates or Deactivates menu or ribbon
Two-finger triple-tap
Right-click (Context Menu)

Swipe right with two fingers
Tab
Swipe left with two fingers
Shift+Tab
Swipe up with two fingers
reads the object under the cursor
Swipe down with two fingers
reads text starting from the current cursor position
Swipe right then left with two fingers
Escape
Swipe left with three fingers
Home
Swipe right with three fingers
End

Swipe up with three fingers
goes to the beginning of a document, Control+Home

Swipe down with three fingers
goes to the end of a document, Control+End
Swipe three fingers right then left
Control+Z, Undo
Swipe three fingers left then right
Control+Y, Redo

Using The Left Slider -- This is the long, vertical indentation on the left side of the top face of the insideONE.

Swipe up with one finger
Announces the input Braille grade currently in use (not in JAWS)

Swipe up quickly twice with one finger

Announces the output Braille grade currently in use (not in JAWS)
Swipe down with one finger
closes all open keyboards
Hold one finger for five seconds
activates QWERTY keyboard; enables on-screen gestures in Windows; when JAWS is enabled, use JAWS gestures. To switch to Windows gestures, rotate five fingers on a screen

Double tap with one finger

Activates/deactivates HID keyboard

Using The Screen (when keyboards are inactive)

Gesture

Command

Swipe up with one finger
Up arrow
Swipe down with one finger
Down arrow
Swipe left with one finger
Left arrow
Swipe right with one finger
Right arrow
One-finger double-tap
activates an item under the cursor
Two-finger single-tap
pauses speech
Two-finger double-tap
Activates or Deactivates menu or ribbon
Two-finger triple-tap
Right-click
Swipe right with two fingers
Tab
Swipe left with two fingers
Shift+Tab
Swipe down with two fingers
reads text starting from the current position of the cursor
Swipe up with two fingers
reads the current object
Swipe right then left with two fingers
Escape
Swipe left with three fingers
Home
Swipe right with three fingers
End
Swipe up with three fingers
goes to the beginning of a document or Control+Home

Swipe down with three fingers
goes to the end of a document or Control+End
Swipe three fingers right then left
Control+Z, Undo
Swipe three fingers left then right
Control+Y, Redo